

MEN'S HUDDLE FOR SATURDAY, February 6, 2021

Minister Don Sullivan

Topic: Develop the Spiritual Aptitude to Develop the Right Attitude

Developing an effective spiritual aptitude is essential to us having the right attitude. Having the proper spiritual aptitude and attitude is critical when it comes to aligning ourselves with God's plan and purpose for our lives. It also prevents us from making mistakes and living in our past and it helps us to always move forward.

"Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. 1Brethren, I do not count myself to have [b] apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus." Philippians 3:12-14

What is Aptitude?

- a. An ability to do something. Readiness or quickness in learning.
- b. Aptitude is a state of being apt, capable, and prepared.

Being equipped with a spiritual aptitude helps us to quickly realize that challenge is present or near. It allows us to be prepared for whatever situation is coming our way. Knowing what God says about a situation trumps anything that we say or what anyone else says.

1. How do we develop spiritual aptitude?

a. By reading the word of God daily

"This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success." (Joshua 1:8) NKJV

"Every scripture is inspired by God and useful for teaching, for reproof, for correction, and for training in righteousness, that the person dedicated to God may be capable and equipped for every good work." Timothy 3:16-17 (NKJV)

By having your five stones memorized so that they can be called upon in crisis.

b. By attending church and bible study.

It's where we learn. The church is classroom.

"from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love" (Ephesians 4:16)

c. By developing a daily prayer life. (prayer is simply talking to God)

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

Philippians 4:6-7NKJV

“Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.” (1Thessalonians 5:16-18) NKJV

2. How spiritual aptitude helps you develop the right attitude?

It keeps your focus on what God says and not what the situation says.

“While we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.” (2 Corinthians 4:18)

“And my God shall supply all your need according to His riches in glory by Christ Jesus.” (Philippians 4:19) NKJV

“Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present. nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.” Romans (8:37-39) NKJV

“Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go.” (Joshua 1:9)

a. It helps you see the end in the beginning.

¹¹Not that I speak in regard to need, for I have learned in whatever state I am, to be content: ¹²I know how to ¹¹be abased, and I know how to ¹²abound. Everywhere and in all things. I have learned both to be full and to be hungry, both to abound and to suffer need. ¹³I can do all things through ¹³Christ who strengthens me.” (Philippians 4:11) NKJV

“The end of a thing is better than its beginning; The patient in spirit is better than the proud in spirit. Do not hasten in your spirit to be angry, For anger rests in the bosom of fools.” (Ecclesiastes 7:8-9) NKJV

b. It gives you confidence that is unshakeable.

“Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.” (1 Corinthians 15:58)

¹³“Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. ¹⁴Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness” (Ephesians 6:13-14)

3. Areas that could greatly benefit from spiritual aptitude.

a. Our faith and witnessing (Win, Disciple, Send)

'And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." (Matthew 28:18-20) NKJV

b. Family life, we become better parents.

Train up a child in the way he should go, and when he is old he will not depart from it." (Proverbs 22:6) NKJV

"The father of the righteous will greatly rejoice, and he who begets a wise child will delight in him." (Proverbs 23:24)

'In the fear of the Lord there is strong confidence, and His children will have a place of refuge." (Proverbs 14:26) NKJV

"All your children shall be taught by the Lord, And great shall be the peace of your children. In righteousness you shall be established; You shall be far from oppression, for you shall not fear; And from terror, for it shall not come near you." (Isaiah 54:13-14)

c. Our relationships

"Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers." (Ephesians 4:29) NKJV

"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another" (John 13:34) NKJV

"With all lowliness and gentleness, with longsuffering, bearing with one another in love, 3 endeavoring to keep the unity of the Spirit in the bond of peace" (Ephesians 4:2-3) NKJV

Questions:

- **Describe a time where having spiritual aptitude made you have a good attitude?**
- **Describe a time when your lack of proper spiritual aptitude produced a negative result?**
- **Of the three things that help you develop spiritual aptitude, reading the word of God daily, attending church and bible study, developing a daily prayer life, which would you like to strengthen?**
- **Describe some areas in your life that could greatly benefit from spiritual aptitude.**